



# Annual Report

2019-2020



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## *Mission of the Council*

*“The mission of the Lord Fairfax EMS Council is to promote a regional community-based emergency medical services (EMS) network that reduces premature death and disability from acute illness and injury through the coordination of local EMS resources. Our mission will be accomplished through teamwork, dedication, customer friendly staff, quality training, and by efficient and cost-effective operations.”*

# Staff of the Lord Fairfax EMS Council

**Janet Spilewski**

*Office Manager, 12 years*



**Tracey McLaurin**

*Executive Director, 13 years*



**Judy Alkire**

*Administrative Assistant, 7 years*



**John Petrie**

*Systems Coordinator, 2 1/2 years*



**Don Goff**

*Regional Field Coordinator, 2 1/2 years*



**Dorothy Clark**

*Interim AHA TC Coordinator*



## Office Information



The office of the Lord Fairfax EMS Council is located just south of Winchester in the Kernstown area and is easily accessible to our southern jurisdictions by interstate. The office includes a 24'x24' training room, 3 additional breakout rooms, adequate storage for EMS & CPR equipment, and a Pearson Vue testing room. Our office is always open Monday thru Friday from 8:00am until 4:00pm and is located at 180 Prosperity Drive, Suite 1, Winchester, VA 22602.



*Additional contact information can be found on our website, [www.lfems.vaems.org](http://www.lfems.vaems.org).*

# Regional EMS Councils in the Code of Virginia

§ 32.1-111.11. Regional emergency medical services councils.

The Board shall designate regional emergency medical services councils which shall be authorized to receive and disburse public funds. Each council shall be charged with the development and implementation of an efficient and effective regional emergency medical services delivery system.

The Board shall review those agencies that were the designated regional emergency medical services councils. The Board shall, in accordance with the standards established in its regulations, review and may renew or deny applications for such designations every three years. In its discretion, the Board may establish conditions for renewal of such designations or may solicit applications for designation as a regional emergency medical services council.

Each council shall include, if available, representatives of the participating local governments, fire protection agencies, law-enforcement agencies, emergency medical services agencies, hospitals, licensed practicing physicians, emergency care nurses, mental health professionals, emergency medical technicians, and other appropriate allied health professionals.

Each council shall adopt and revise as necessary a regional emergency medical services plan in cooperation with the Board.

The designated councils shall be required to match state funds with local funds obtained from private or public sources in the proportion specified in the regulations of the Board. Moneys received directly or indirectly from the Commonwealth shall not be used as matching funds. A local governing body may choose to appropriate funds for the purpose of providing matching grant funds for any council. However, this section shall not be construed to place any obligation on any local governing body to appropriate funds to any council.

The Board shall promulgate, in cooperation with the State Emergency Medical Services Advisory Board, regulations to implement this section, which shall include, but not be limited to, requirements to ensure accountability for public funds, criteria for matching funds, and performance standards.

# Our Leadership

## Board of Directors

Jon Henschel, President ☆  
Larry Oliver, Vice-President ☆  
Pamela Keeler, Treasurer ☆  
Mark Barenklau  
Woody Brown  
Kevin Catlett ☆  
Bryan Conrad  
Raymond Cross  
Callie Dove  
Joshua Gray  
Brenda Higgs  
C. Eddie McClellan ☆  
Dr. Jack Potter ☆  
Brandon Truman  
Bill Streett  
Jamie Tharp  
Carolyn Trent  
Dr. Chris Turnbull  
Chris Tusing  
Mike Utley  
Wade Wilson  
Tracey McLaurin ☆

Jon Henschel

## Representing

City of Winchester  
Frederick County  
Frederick County  
Frederick County  
Page County  
Warren County  
Clarke County  
Warren County  
Warren County  
Page County  
Page County  
City of Winchester  
Chair, Medical Direction Board  
Valley Health Representative  
Shenandoah County  
Shenandoah County  
Clarke County  
Regional Medical Director  
Shenandoah County  
Consumer  
Clarke County  
Executive Director  
  
Council Representative to the EMS  
Advisory Board

☆ Denotes Executive Committee  
One position remains vacant for the City of Winchester

**All Positions current as of December, 2020**

## Our Oversight

### Committee and Program Leaders

Executive Committee- Jon Henschel, Chairman  
Medical Direction/ Pharmacy Committee- Dr. Jack Potter  
Performance Improvement Committee- Callie Dove  
Trauma Performance Improvement Committee- Mark Barenklau  
Disaster Committee- Jon Henschel  
Instructor Network/Training Committee- J.D. Orndorff  
Communications Committee- Wade Wilson  
Critical Incident Stress Management (CISM)- Helen Zearth, Clinical Coordinator  
Awards Committee- Pam Keeler  
Finance Committee- Pam Keeler  
Nominating Committee- Josh Gray

# Lord Fairfax EMS Council, Inc.

## Financial Statement of Activities

	<u>2020</u>	<u>2019</u>
<u>Support &amp; Revenue</u>		
State Government	\$214,881	\$233,419
Local Governments	71,456	71,452
Grants	40,000	31,500
Communications Support	20,000	20,000
Other Support & Income	85,602	120,258
Interest Income	<u>(2,164)</u>	<u>2,241</u>
Total Support & Revenue	431,939	478,870
 <u>Expenses</u>		
Management & General	115,937	117,530
Program Services & Depreciation	318,249	364,900
Communications Program	<u>16,724</u>	<u>15,593</u>
Total Expenses	450,910	498,023
 Total Assets	292,556	269,265

Thanks to the generous support of our local hospitals, the Lord Fairfax EMS Council is able to continue to support the communications system throughout our region. This restricted funding is used for continued maintenance, repairs, rent, & utilities of the equipment. Thanks to the following hospitals for their partnership in this project to ensure continued and reliable communication equipment for our EMS providers and agencies:

**Page Memorial Hospital**  
**Shenandoah Memorial Hospital**  
**Warren Memorial Hospital**  
**Winchester Medical Center**

The Non-Profit & Government Audit Group in Chantilly, VA conducted the Council's audit of financial statements. The full audit report, as well as the Council's Annual 990 Report is available for inspection at the Council office.

Local funding resulted in a 33% match for FY20.

The Lord Fairfax EMS Council, Inc. was chartered in 1978 under the laws of the Commonwealth of Virginia. The Council is a private, not-for-profit, tax exempt organization as described in section 501(c)3 of the Federal IRS Code.

Donations to the Council are tax deductible.  
Federal ID Number: 54-1901169

## Lord Fairfax EMS Council Regional Facts



The Lord Fairfax EMS Council region encompasses the counties of Clarke, Frederick, Page, Shenandoah, Warren, and the independent City of Winchester. The region is one of the faster growing areas in the Commonwealth of Virginia. The region includes a population of 235,316 and covers 1,859 square miles. Winchester Medical Center is a Level II Trauma Center, Level I Primary Stroke Center, and Chest Pain Center with Primary PCI; Page, Shenandoah, and Warren Memorial Hospitals are all Critical Access hospitals. Warren Memorial Hospital is a fully-accredited Chest Pain Center and Shenandoah Memorial Hospital is a Level IV Initial Entry Access Stroke Center.

## Regional Infrastructure

- The Council currently maintains an office which is staffed full time five days a week from 8:00am to 4:00pm.
- Publishes bi-monthly financial reports, quarterly director's program reports, an annual report, committee minutes and attendance rosters, and other training and event advisories.
- Maintains and publishes regional EMS policies, By-Laws, and other plans and procedures.
- Maintains an interactive website that includes all regional plans, policies, and training calendars as well as the ability to register online for all Council classes.
- Held three Council Board of Director meetings and numerous committee meetings this past year.
- Provides representation on several local, regional, and statewide committees and Boards, including the Virginia EMS Advisory Board and its related committees, three Local Emergency Planning Committees (LEPCs), Northern VA Emergency Preparedness Team, Northwest Healthcare Coalition, several hospital committees, and Fire & Rescue Associations.
- Serves as EMS infrastructure point of contact for all EMS agencies, providers, hospitals, and local governments within the region and beyond.

## Regional Planning

- Revised, published, and distributed the Regional EMS Strategic Plan which includes core strategies and initiatives.
- Reviewed and revised the Regional Trauma Triage Plan.
- Continued to monitor and oversee the Drug Accountability, Exchange, and Control Policy program.
- Monitored and revised the Regional Stroke Plan with a regional committee. Reviewed and published Regional Hospital Diversion Plan.
- Continued to work with the regional Disaster Planning committee to review and revise the Mass Casualty Incident and Disaster Response Plan. Staff assisted the Winchester Fire & Rescue Department with an MCI drill held at Westminster Canterbury in November, 2019.
- Introduced the regional Ebola Guidelines for Agencies and Responders three years ago and staff continues to monitor developments that would facilitate necessary changes to the program. The Council brought together all pertinent partners from EMS, dispatch centers, the hospitals, and the health department within the region to accomplish this.
- Introduced the Regional ST-Elevated Myocardial Infarction (STEMI) Plan three years ago in cooperation with **Valley Health Heart & Vascular Center**.
- Assisted the VA Office of EMS with distribution of Personal Protective Equipment (PPE) to include gowns, gloves, surgical & N95 masks to EMS agencies throughout the region beginning in March when the Coronavirus pandemic started.
- Staff participated in weekly & bi-weekly conference calls with the VA Office of EMS beginning in March, 2020 to discuss ongoing pandemic efforts & to coordinate logistics with PPE distribution.
- Staff hosted weekly conference calls between the Regional OMD, hospital representatives, and EMS agencies within the region to discuss pandemic & PPE efforts along with hospital preparedness.

## EMS Training & Consolidated Test Site Administration



- The Council continues to provide assistance to the Lord Fairfax Community College EMS Program. The Regional Field Coordinator participates on the Curriculum Advisory Committee.
- The Council continues to provide training on the regional *Pre-Hospital Standard Patient Treatment Protocols*, and is currently developing online training as a new delivery method.

- Provided guidance for providers to use the OEMS provider portal for CE reports and all certification paperwork. Staff also answered numerous questions daily about continuing education requirements and other issues regarding certification.
- Facilitated funding for Fire & Rescue departments within the region provided by the VA Office of EMS to offer additional continuing education training and auxiliary courses such as ACLS, PALS, ITLS, etc.
- The Regional Field Coordinator completed the process to become an EMS Educator, allowing for additional EMS training being provided within the region resulting in a larger number of EMTs and additional continuing education hours being provided.
- Developed and posted a testing schedule of dates, times, and locations and provided assistance to candidates registering online.
- Hosted a Paramedic class at the Council's Training Center offered by Associates in Emergency Care (AEC) from September, 2019 to April, 2020.
- Continued to offer the Pearson VUE Authorized Testing Center at the Council to allow EMS providers to complete their written National Registry testing to alleviate the need to travel outside the region. 236 EMS providers tested this past year and 755 individuals tested in other certifications such as GED, CISCO, CompTIA, VCLA, and many others. Recognizing that there's no other Pearson VUE test sites within the region, the Council feels it's important to continue to allow residents to test in other subjects. Our testing center was one of the only centers open within the entire Commonwealth of VA in the early days of the pandemic, as requested by the VA Office of EMS. Providers came from several other regions to complete their testing at our center, in an effort to inject new EMS providers within the state to help with efforts against the pandemic.



### Regional Medical Direction

- Maintained a signed contract with a Regional Medical Director. **Dr. Christopher Turnbull** provides coverage for regional medical direction and works in concert with the other three Operational Medical Directors within the region. Dr. Turnbull also serves as the Medical Director for the City of Winchester, Valley Medical Transport, and Clarke County.
- Maintained and revised Pre-Hospital Standard Patient Care Treatment Protocols. A committee of the Council spends numerous hours each year reviewing and revising every protocol and medication in collaboration with the Operational Medical Directors. The Council also provided logistics and training support and equipment to all the jurisdictions upon implementation.
- Had plans to host a workshop scheduled in April, 2020 for Operational Medical Directors provided by the VA Office of EMS but it was canceled due to the pandemic.
- Requested and received funding early in 2019 to purchase Handtevy for all EMS agencies within the region that weren't already utilizing it. The Handtevy Pediatric System is the leading software solution designed to give EMS crews rapid access to lifesaving dosing information while documenting in real time. Treating the emergent pediatric patient is difficult and time sensitive for even the most advanced and skilled providers.

## Regional Coordination

- Reviewed and revised the Regional Medical/Trauma Performance Improvement Plans.
- Published a template for regional agency reporting and encouraged agency compliance.
- Provided technical assistance to EMS agencies on state regulations related to QA/QI reporting.
- Provided assistance regarding EMS issues such as continuing education, rules and regulations, reciprocity, affiliation changes, etc. to agencies within our region.
- Maintained an active website. Updates and minutes are continuously posted to the site. The Council posts upcoming events and training to the website for all agencies in our region and other EMS Councils across the Commonwealth. All regional plans are also provided on the website. Registration for EMS & CPR training, as well as test site registration is completed online.
- Promoted the state RSAF grant program, provided grant reviews for the VA Office of EMS, provided technical assistance, and submitted grant reviews during two grant cycles this year. The Council's member agencies received **\$833,655** in grant funding during fiscal year 2020.
- Served as a clearinghouse for regional and state EMS information, posters, calendars, and other materials to be distributed to providers in our region.
- Provided volunteer and career referrals along with training course information in response to daily telephone and electronic inquiries.
- Staff assisted with the Worlds of Work held in Winchester in September, 2019. Each year, nearly 3,000 7th graders participate in hands-on career exploration with more than 80 businesses at Worlds of Work (WoW!).
- Held a Regional Awards Program to recognize outstanding providers. Unfortunately, the dinner and awards program scheduled for June, 2020 was unable to be held due to the pandemic. We opted to announce the award winners on social media accounts with a tremendous response. The regional award winners were submitted to the VA Office of EMS for consideration of the Governor's EMS Awards. Winners included the following:

- Excellence in EMS- **Jon D. Henschel, Winchester Fire & Rescue Department (pictured right)**



- Outstanding Contribution to EMS by a High School Senior- **Isaiah Wilt- Warren County Fire & Rescue Department**
- Outstanding EMS Pre-Hospital Educator- **Maurice Bruce, Lord Fairfax EMS Council**
- Outstanding EMS Telecommunications Dispatcher- **Winchester Emergency Communications Public Education Team, City of Winchester**
- Outstanding EMS Agency- **Shawnee Volunteer Fire & Rescue Company**



## AHA Community Training Center

The Council's American Heart Association Community Training Center develops, implements, and manages strategies to improve the chain of survival in the communities we serve. Currently, the Training Center has the following instructors it is responsible for:

Discipline	Number of Instructors
Basic Life Support	181



The Lord Fairfax EMS Council has provided AHA Training to universities, colleges, business offices, physician's offices, dentist's offices, schools, and large and small business organizations during the year. A total of over 6,000 residents received education through our training center this year throughout the entire region.

## Virginia Office of Emergency Medical Services

The staff of the Lord Fairfax EMS Council and several regional agency personnel continue to serve on numerous state committees and represent this region at the state level. **Tracey McLaurin** serves as the representative and Vice Chairman to the Regional Executive Directors Group and is a member of the state Communications Committee. **Jon Henschel** serves on the State EMS Advisory Board and is chairman of the Rules & Regulations committee, Administrative Coordinator, and also on the Executive committee. **Dr. Chris Turnbull** represents our Council on the state Medical Direction committee.

## Critical Incident Stress Management (CISM)

The Council continues to provide a CISM Team comprised of 25 professionals who work with individuals or groups of emergency medical services, dispatch, fire, and police personnel who may suffer from stress after being involved in a critical incident. Team members provide pre-incident education and post-incident debriefing. All information remains confidential. **Helen Zebarth** is the Clinical Coordinator for the team and **Gerry Boudreau** is the Volunteer Coordinator.

**Celebrating  
Over 44 Years of  
Service!**

Be sure to check out the Council's Facebook page & give us a "like" to stay up to date on all the latest training opportunities and updates!



<http://www.facebook.com/lfemsc>